

**Patient Counseling Document on  
Extended-Release / Long-Acting Opioid Analgesics**

**Patient  
Name:**

**The DOs and DON'Ts of  
Extended-Release / Long - Acting Opioid Analgesics**

**DO:**

- Read the **Medication Guide**
- Take your medicine exactly as prescribed
- Store your medicine away from children and in a safe place
- Flush unused medicine down the toilet
- Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**Call 911 or your local emergency service right away if:**

- You take too much medicine
- You have trouble breathing, or shortness of breath
- A child has taken this medicine by accident

**Talk to your healthcare provider:**

- If the dose you are taking does not control your pain
- About any side effects you may be having
- About all the medicines you take, including over-the-counter medicines, vitamins, and dietary supplements

**DON'T:**

- **Do not** give your medicine to others
- **Do not** take medicine unless it was prescribed for you
- **Do not** stop taking your medicine without talking to your healthcare provider
- **Do not** cut, break, chew, crush, dissolve, snort, or inject your medicine. If you cannot swallow your medicine whole, talk to your healthcare provider.
- **Do not** drink alcohol while taking this medicine

For additional information on your medicine go to:  
**[dailymed.nlm.nih.gov](http://dailymed.nlm.nih.gov)**

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**Patient Specific Information**

**Take this card with you every time you see your healthcare provider and tell him/her:**

- Your complete medical and family history, including any history of substance abuse or mental illness
- If you are pregnant or are planning to become pregnant
- The cause, severity, and nature of your pain
- Your treatment goals
- All the medicines you take, including over-the-counter (non-prescription) medicines, vitamins, and dietary supplements
- Any side effects you may be having

**Take your opioid pain medicine exactly as prescribed by your healthcare provider.**